

ALF PRACTICE MOCK EXAM

This practice test is only to help students challenge their learning.

1. _____ All ALF's Operating in the state of Florida must be licensed by
 - a. The Department for Elder Affairs
 - b. The Agency for Health Care Administration
 - c. The Department of Children and Families
 - d. A & B
 - e. B & C

2. _____ The licensing procedures have been established to comply with
 - a. Chapter 440, Part III FS and Chapter 58A-5 of the Administrative Code
 - b. Chapter 422, Part III and Chapter 68A-5 of the Administrative Code
 - c. Chapter 420, Part II and Chapter 58A-B of the Administrative Code
 - d. Chapter 429, Part III and Chapter 58A of the Administrative Code
 - e. Chapter 429, Part I, F.S. and Chapter 58A-5 of the Administrative Code

3. _____ Ms. Jones owns and operates a standard assisted living facility and decided she wants to admit a mental health resident. What is she to do?
 - a. Make an application for ECC
 - b. Contact Department of Children & Families
 - c. Make an application for Limited Mental Health
 - d. A & B
 - e. All of the above

4. _____ Which of the following are exempt from the Rules and Laws designed by the state to operate a facility?
 - a. Ms. Jones who takes care of 2 people who are not receiving OSS
 - b. Veterans Administration
 - c. ALF
 - d. All of the above
 - e. A & B

5. _____ There is a fire at the facility. The Administrator was not there. Who should the staff contact first to inform of the fire. Remember that a fire is an emergency event and should be treated as such.
 - a. Agency for Health Care Administration
 - b. Call 911
 - c. Call Department of Elder Affairs
 - d. Notify FEMA
 - e. None of the above

6. _____ The owner of the ALF hires her husband to assist her with the finances. He is listed on the corporation with Tallahassee as 50% owner. He only comes to the facility once per month to assist with funds. He needs the following:

- a. Level I background check and an interview with AHCA
- b. Level I and II background check
- c. Level II background check
- d. Letter from his wife sent to AHCA that she has just hired him.
- e. Immediate credit check

7. _____ Ms. Jones's facility had 6 citations of having residents who were being abused. The AHCA survey team came out and found it to be true. They documented the findings. During their visit they also checked the food level and found that there was not enough food in the facility for the residents to eat. The facility was given a moratorium. The Agency states that with a moratorium the facility cannot:

- a. Discharge residents from their facility
- b. Allow the Ombudsman to inspect the facility
- c. Admit new resident into the facility
- d. Remove moratorium from a visible location
- e. C & D

8. _____ The facility was visited by AHCA and during their unannounced visit of the records, the surveyor found that one of three staff members did not complete the HIV / AIDS training course. Which class violation was the facility facing?

- a. Class 1
- b. Class 2
- c. Class 3
- d. Class 4
- e. Class 5

9. _____ Which class violation may not result in a financial penalty if corrected during the survey?

- a. Class 1
- b. Class 2
- c. Class 3
- d. Class 4
- e. Class 5

10. _____ Ms. Jones is bedbound in the facility for 7 days. She has been having aches that do not allow her to be mobile. The doctor said he will send the nurse to see her. The doctor is aware that she will have to be removed from the facility today, as it is the last day for her to be bed bound in the facility. Which facility is she a resident in?

- a. Extended Congregate Care
- b. Adult Family Care Home
- c. Emergency Room at the local memorial hospital
- d. Standard Assisted Living Facility

11. _____ How many days can a resident be bedbound in an extended congregate care facility?
- 7 days
 - 21 days
 - 14 days
 - it is up to the administrator
 - what ever AHCA recognizes is fair to the resident.
12. _____ Clara Jones decided that she wanted to open a home business to provide care to the elderly. Her sister told her that she does not have to be licensed if she has _____ people in her private home where she resides and they are not receiving OSS.
- 1
 - 2
 - 3
 - 4
 - 5
13. _____ Ms. Jones operates an Adult Family Care Home for 5 years, she enjoys the business because she is allowed to operate and reside in the home. One of the components of operating an AFCH is that the operator is subject to a _____ renewal for licensure.
- When ever fit.
 - Quarterly
 - Bi-annual
 - Monthly
 - None of the above
14. _____ As a new administrator, you have _____ days to take the ALF CORE and pass the exam.
- 30 days
 - 60 days
 - 90 days
 - 120 days
 - 180 days
- 15 _____ Loving Home Assisted Living received an unannounced AHCA inspection 6 months prior to their license renewal. What is the **BEST** answer that would describe the type of visit that AHCA was conducting?
- Yearly Inspection Visit
 - Biennially Inspection Visit
 - Report for misconduct
 - They were selling the facility
 - Owner called AHCA to visit facility

16. _____ A standard license includes
- Any home or facility approved by the Department of Children and Families
 - A facility operated by the Federal Government
 - The facility must provide housing, meals and one or more personal services for a period exceeding 24 hours
 - A, B & C
 - None above
17. _____ An Emergency Management Plan includes
- Separate plans prepared for each emergency
 - Any emergency internal or external to the facility
 - A plan for fire, tornadoes, hurricane, flood and electrical failures
 - All of the above
 - None of the above
18. _____ All of the following activities can be counted toward social and leisure activities EXCEPT
- Going to the park to do stretches
 - Residents' help in planning events can be counted as an activity
 - Walking around the neighborhood
 - Watching television
 - Going on a field trip
19. _____ What is the highest amount in value a Class I violation can be
- \$1,000.00
 - \$5,000.00
 - \$10,000.00
 - \$15,000.00
 - \$25,000.00
20. _____ What is the minimum age requirement for an admission to an ALF?
- 16 years or younger
 - 18 years old
 - 21 years old
 - there is no age requirement
 - 55 years old
21. _____ Which health care professional is not authorized to conduct a physical exam?
- physician assistant
 - medical doctor
 - case manager
 - licensed nurse practitioner
 - doctor of osteopathic medicine

22. _____ LVY Assisted Living finds that they cannot provide proper care for Mr. Jones any longer. What is the **BEST** action they should take?
- Kick him out immediately before he falls
 - Have another Health Assessment (1823) conducted by the doctor and begin to look for a facility that can provide the best descriptive care for the resident.
 - Call the relatives who reside overseas to pick him up immediately.
 - Do nothing and wait, he may get better.
 - Call AHCA
23. _____ If a resident is coming from a private home when does the health care practitioner need to examine him?
- Within 60 days before admission or 30 days after admission
 - Within 90 days before admission or 30 days after admission
 - Within 45 days
 - There are no time limits
 - Whenever because he will be private pay
24. _____ After the resident has been discharged, how long should the facility keep the contract?
- 2 years
 - 1 year
 - 5 years
 - 7 years
25. _____ An administrator can own _____ ALF's and manage _____.
- 1, 3
 - 3,1
 - 6,3
 - None of the above
26. _____ The occupancy cycle is one of the most important cycles of the ALF business operation. What is the **BEST** format to conduct the process?
- Initial Interview, Move In, Data collection, Orientation and Screening
 - Initial Interview, Orientation and Screening, Data Collection, Move in
 - Initial Interview, Orientation and Screening, Move in, Data Collection
 - Initial Interview, Data Collection, Orientation and Screening, Move in
27. _____ To help a resident cope with change, it is important to
- respect the resident's rights
 - encourage the personal interest of a resident
 - treat resident with the respect and all them to express their feelings
 - All of the above
 - None of the above

28. _____ Laura operates a standard ALF. She has 2 mental health residents. What specialty license must she have with her standard?
- Limited Nursing Services
 - DCF Mental Specialty License
 - Limited Mental Health
 - Extended Congregate Care
 - Medicaid License
29. _____ What are some responsibilities of the Ombudsman's Council?
- Keep the facility from getting out of line
 - Advocate for residents of ALF's
 - Make a day to day decisions in the ALF
 - Resolve resident to resident disputes
30. _____ Exploitation is when
- It has been determined that a staff has been financially manipulating a resident
 - Molested by the administrator
 - A resident was deprived of his medication
 - A resident was pushed on the floor
31. _____ It has been verified that the resident was actually being deprived of his medication. Which of the following would you report it as to the abuse hotline.
- Abuse
 - Neglect
 - Exploitation
 - Medication mismanagement
32. _____ Family and friends can visit your facility, according to the Residents Bill of Rights, during?
- 7am – 7pm
 - Anytime
 - 9am – 9pm
 - Once they call
33. _____ Food safety involves all of the following EXCEPT
- Keeping food stored 6" above the floor
 - Allowing a food worker with hepatitis A to come to work
 - Cleaning hands only after touching something dirty
 - Keeping hot foods hot and cold foods cold
 - B & C

34. _____ Resident does not like the decorations at the ALF. What should the Administrator do?
- Consult with the resident to get ideas and change them.
 - Tell him there is no money in the budget for that right now.
 - Ask him to pay for some and she will be happy to put them up.
 - Tell the resident she will change them and how he forgets.
35. _____ What should be near all cleaning equipment / products
- ACHA report of approval
 - Material Safety Data Sheet
 - DOEA's approval of cleaning product sheet
 - Material Security Data Sheet
36. _____ Which of the following is not required when applying for license
- Proof of assets and liability
 - Liability insurance
 - Picture of facility
 - Proof of background clearance
37. _____ When should your staff not follow the chain of command
- When told to do so by an administrator
 - When unsure about your role or skills
 - During a fire
 - Whenever you feel you should
38. _____ What is the first thing that an AHCA inspector might look for after entering your facility?
- Your floors, to see if they are clean and sparkling
 - Your exit signs throughout the facility
 - Your posted license
 - The filing room, where you keep all confidential information.
39. _____ There were six fire drills conducted at the facility. How was this facility prepared for fire safety.
- Facility had a fire marshal as staff.
 - Facility had no sprinkler system
 - Facility had sprinkler system
 - A & B

40. _____ Resident's record must contain the following information
- Resident's Medicaid number
 - OSS Alternative Care Certification Form
 - Next of Kin, name, address, phone and relationship
 - Name of mental health case manager
41. _____ In an ALF single occupancy rooms should be
- 120 sq. ft.
 - 80 sq ft.
 - 60 sq. ft.
 - 75 sq. ft.
42. _____ The facility non-licensed staff was able to take the residents blood glucose test because the facility had a _____ certificate.
- Home Health Agency
 - Medical
 - Pharmacy
 - CLIA
43. _____ Who is the representing guardian for a resident referred from the state
- DOEA
 - AHCA
 - DMF
 - DCF
44. _____ When there is a need to report abuse, neglect, exploitation, _____ is the best choice of contact first.
- The department of Elder Affairs
 - AHCA
 - The abuse registry
 - The family member
45. _____ Most elders experience fatigue, impaired vision and hearing loss due to:
- Heart problems
 - Aging
 - Seizure
 - Incontinence

46. _____ When a resident who uses a pill organizer is going away for the weekend and needs to take his medication what is the best course of action that the administrator can take?
- Schedule a visit for the nurse to prepare the pill organizer
 - Have the resident and their family sign out for medication
 - Put it in a brown paper bag and say have a nice weekend
 - Both A & B
47. _____ The resident wanted his medication 1 hour earlier because he felt sick. The administrator was not sure if she could assist him with his medication because she did not take the assistance with medication training. If she took the training, she would have known that she _____ give the resident the medication.
- Could not
 - Could
 - Must call the doctor first before can assist with the medication.
 - None of the above
48. _____ A resident who can have medication in their room is a resident who is _____ and the doctor has indicated this on his health assessment 1823.
- private pay
 - has money to buy a medication cabinet in his room
 - competent
 - young
 - B & C
49. _____ Which of the following health care providers can give a resident an insulin shot
- Certified Nursing Assistant
 - Social Worker
 - Nurse Practitioner
 - Medical Assistant
50. _____ Medication can be disposed of with the administrator and _____
- the family member
 - a licensed health care provider
 - one other witness
 - Keep them until you can package and return to the doctor immediately
51. _____ Who is allowed to transfer medication from one bottle to another
- a licensed nurse
 - The administrator
 - A pharmacist
 - The resident

52. _____ The administrator and Cheryl the staff went shopping and left Richard the new staff at the facility. Richard is not trained in medication. It is 2:00pm and time to give the medication. What should be done? The best answer

- a. He must wait until they come home
- b. Call the doctor and have the doctor give directives
- c. Give the medication.
- d. None of the above.

53. _____ you should contact the doctor immediately, when

- a. resident refuses to take his medication
- b. when the resident has an adverse reaction
- c. when the staff forgot to give the resident his medication at the appropriate hour
- d. when the resident is complaining of chest pains after taking his med' s
- e. all of the above

54. _____ A prescription should include all of the following EXCEPT

- a. name of medication
- b. name of doctor ordering medication
- c. pharmacist name
- d. patient's name

55. _____ Medication should be kept in the following area

- a. where everyone can have easy access to taking their med' s when they are ready
- b. in a secure area where staff has the only access
- c. near the food area
- d. all medications should be kept in the refrigerator

56. _____ Which of the following could lead to an adverse incident

- a. medication is spilled on the resident
- b. the medication was given to the wrong resident, however later given to the right resident
- c. resident forgets to wipe his mouth after taking his medication
- d. staff having resident take his medication while in bed.

57. _____ Which of the following is not a part of the "5 rights"

- a. Right to person
- b. Right route
- c. Right feeling
- d. Right time

58. _____ LKJ Assisted Living has 3 residents who are competent. On Thursday morning it was time to take medications. Who is the **BEST** person to administer medication to the three resident's?
- Administrator
 - Registered Nurse
 - The residents (themselves)
 - All of the above
 - None of the above
59. _____ In which of the following facilities is it required to use an interdisciplinary plan and service plan?
- Standard
 - Limited Mental Health
 - Extended Congregate Care
 - Limited Nursing service
60. _____ A daughter brings her mother to your standard facility and the daughter states, "My mother has mental health issues, I know it, I know it" and the mother is not receiving OSS. What can you recommend?
- She can stay in the standard facility.
 - you must refer her to a licensed mental health facility
 - you must file for a mental health license before you can accept her
 - None of the above
61. _____ Margaret the daughter of Ms. Joseph visited a standard ALF to place her mother who has dementia. Which is the best facility for her?
- Licensed Mental Health Facility
 - Hospital
 - Standard ALF
 - Nursing Home
62. _____ After staff has assisted and observed resident take his medication, where should the staff record it?
- MAR
 - MOR
 - Resident Chart
 - A & B

63. _____ A hospice resident MUST have
- an Interdisciplinary plan
 - a Service Plan
 - Community plan
 - A and B
 - All of the above
64. _____ Staff record must include all of the following EXCEPT
- Verification of free of communicable disease
 - job description
 - blood type
 - background check within 10 days from start
65. _____ A stage 2 pressure sore resident can be admitted into an ALF provided that there is a _____ and a _____.
- prescription order and a doctor
 - prescription order and a care plan
 - prescription order and resident consent for services
 - prescription order and the Dr.'s M34 form
66. _____ What is the danger zone in food preparation
- 40 degrees to 80 degrees
 - 40 degrees to 140 degrees
 - less than 40 degrees
 - above 140 degrees
67. _____ What can you do if a resident refuses to eat?
- Take him out back and punish him
 - Report it to his family
 - Give him a 30 day notice to leave the facility
 - Report it to the doctor immediately
68. _____ What is the minimum amount of hours allowed between meals
- 2 hours
 - 4 hours
 - 4.5 hours
 - NO hours
69. _____ How frequently do you need to revise your menus?
- every 3months
 - every 6 months
 - annually
 - when AHCA does their inspection

70. _____ The administrator manages three facilities currently. She wants to own the facility on 56th and Parkway; what can she do?
- She cannot because she manages three already.
 - Purchases the facility.
 - Contact the county.
 - Find out if the residents have Alzheimer.
71. _____ If the inside temperature is 72 degrees, what is the outside temperature?
- 83 degrees
 - 67 degrees
 - 65 degrees
 - 75 degrees
72. _____ What is the time measurement for a SLOW evacuation capability?
- 3 minutes or less
 - 3 - 19 minutes
 - It doesn't matter, as long as they get out.
 - None of the above
73. _____ How many days does an owner have to notify AHCA for change of administrator
- 30 days
 - 15 days
 - 10 days
 - 60 days
74. _____ AHCA called the owner and stated your application is not quite prepared correctly, how many days does the applicant have to make corrections?
- 30
 - 10
 - 21
 - None of the Above
75. _____ The resident has 30 days to inform you that he or she is leaving the facility, you have _____ days to inform them.
- 120 days
 - 90 days
 - 60 days
 - 45 days

76. _____ Ms. Clara and her husband decided they are ready for retirement after operating an ALF for the past 15 years. They have decided to sell it to their daughter and son in-law. The daughter and her husband are considered _____ and Ms. Clara and her husband are considered _____.

- a. Non profit operators and For profits operators
- b. New owners and Old owners
- c. Administrators and Owners
- d. Younger couple and older couple
- e. None of the above

77. _____ Ms. Barton was operating a facility that had 5 residents as maximum capacity and she must reside in the facility as the administrator / operator, which type of setting is this?

- a. ALF
- b. Nursing Home
- c. AFCH
- d. Hospital

78. _____ How often shall an ECC review the service plan?

- a. Within 14 days
- b. Quarterly
- c. Twice per month
- d. Twice per year
- e. Every two years

79. _____ Each year on this date, the Department along with the agency prepare and submit to the Governor, president of state, speaker of house and others a report status on ECC.

- a. December 31
- b. January, 1
- c. June, 1
- d. July 31
- e. None of the above

80. _____ Each year on this date, the Department along with the agency prepare and submit to the Governor, president of state, speaker of house and others a report status on ECC. What is the Department & Agency that prepare this report.

- a. Department of Elder Affairs & Agency for Veterans Association
- b. Department of Children and Family & Agency for Health Care Administration
- c. Department of Elder Affairs and Agency of the White House
- d. None of the above
- e. All of the above

81. _____ Which specialty license would you need if you were willing to have 1 mental health resident?

- a. ECC
- b. LNS
- c. LMH
- d. None
- e. All

82. _____ In the F.A.C. 58A-5, A resident is entitled to which of the following rights?

- a. Live in a safe environment
- b. Have the choice of roommate
- c. Have the right to guest
- d. Have the right to express his / her feelings
- e. All of the above
- f. A & D

83. _____ Ms. Jones owns a standard only ALF and she is ready to sell after 32 years of service to the adult population. She found Ms. Margaret who is willing to purchase her beautiful facility. She informs the Agency and informs Ms. Margaret that she needs to inform the agency that she is the buyer. They both inform the agency within _____ days.

- a. 30 days
- b. 60 days
- c. 90 days
- d. 120 days
- e. None of the above

84. _____ The service plan needs to be completed within _____ days after a resident has moved into an ECC facility.

- a. 10 days
- b. 14 days
- c. 21 days
- d. 30 days
- e. None of the above

85. _____ Mr. John wants to hire a new administrator because his current administrator is moving to another state. Within how many days must she notify the Agency?

- a. 10 days
- b. 14 days
- c. 30 days
- d. 60 days
- e. 90 days

86. _____ How long can a resident wait to eat from the night before to the morning?

- a. 6 hours
- b. 12 hours
- c. 14 hours
- d. 21 hours
- e. None of the above

87. _____ Who should prepare the menu for an Assisted Living Facility?

- a. Physician
- b. Nurse
- c. Administrator
- d. AHCA official
- e. None of the above

88. _____ Ms. Jones admitted an additional two mental health residents in her LMH facility. She asked the social worker to come to the facility and bring the two required documents.

- a. Community living support plan & Service Plan
- b. Interdisciplinary plan and Community Living Support Plan
- c. Community Living Support Plan & Cooperative Agreement
- d. None of the above
- e. Any of the above

89. _____ At Ms. Jones facility, there was a tragic accident that resulted in the death of a resident. The roof caved in and killed a resident and injured 3 other residents. Ms. Jones was told to repair the roof and neglected to do so. What Class violation is Ms. Jones most likely to receive?

- a. Class 1
- b. Class 2
- c. Class 3
- d. Class 4
- e. Class 5

90. _____ Ms. Jones was ordered by her county official to install a sprinkler system because she had 3 to many _____ evacuation readings, which is the worst of the three evacuation capability readings.

- a. Slow
- b. Impractical
- c. Prompt
- d. Dangerous
- e. None of the above

91. _____ What is the maximum amount that the CORE exam can be, according to F.A.C 58A-5.
- \$100
 - \$125
 - \$175
 - \$200
 - Whatever they want
92. _____ Who is the best person who can administer medication at a facility to a resident who is not incompetent?
- Administrator
 - Resident
 - Family member who is not being compensated by the facility.
 - C & D
 - None of the above
93. _____ Where is the best place for resident's medication to be kept at a facility?
- In the cabinet in the back room
 - In the refrigerator
 - In a locked, central location where only a trained staff can access the medication
 - In the food pantry with a label that says medication
 - None of the above.
94. _____ When should a facility have their biennial application at the Agency?
- 30 days before expiration
 - 60 days before expiration
 - 90 days before expiration
 - 120 days before expiration
95. _____ What is the definition of a nurse?
- C N A, LPN, ARNP
 - M.D. , LPN, ARNP
 - LPN, RN, ARNP
 - All of the above
 - None of the above
96. _____ Ms. Smith is a newly licensed facility, however she is not an administrator at this time. How long does she have to take the ALF CORE training and pass the exam?
- 30 days
 - 60 days
 - 90 days
 - 120 days
 - 2 years

97. _____ What is the Department?
- a. AHCA
 - b. DOES
 - c. DOEA
 - d. DCF
 - e. Department of Labor
98. _____ Which of the following does not have to be licensed by the Agency?
- a. ALF
 - b. ECC
 - c. Veterans Administration
 - d. Independent Living
 - e. AFCH
 - f. Both C & D
99. _____ What is the best color to paint a resident's private room?
- a. The color of his choice
 - b. The color you want
 - c. He can't because the facility does not allow
 - d. Whatever is in the policy & procedures
100. _____ What is the minimum education requirement for an administrator?
- a. H.S. / GED
 - b. Master's in Aging
 - c. B.A. in Aging
 - d. None required

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